



More Food Stamp/SNAP Benefits for Families with Child Care Expenses

For all low-income families:

- If you pay expenses for the care of **any child under 18 or disabled adult**, your family can receive increased SNAP benefits (formerly called “food stamps”)!
- Every **\$3** you spend on childcare may increase your SNAP benefits by **\$1** – up to the maximum SNAP amount for your household!
- You can claim any dependent care costs you incur when -
 - You are working, or are looking for a job
 - You are attending school or work-related training
 - You are doing volunteer work or another activity required by the SNAP Employment/Training (E&T) Program

Q. What can you claim as expenses?

Child or Adult Care...	All payments you are responsible for, including co-payments, for a child or disabled adult
Out-of-School Activities for any child under 18...	Any supervised activity, including before and after school, school vacation, summer camps, YMCA, and Boys/Girls Club fees
Mileage (at 56 cents per mile as of Feb 2014)...	If you drive your child to/from the child care, or camp or school program
Public Transportation Costs...	If you or your child takes a bus, subway, or train to/from the child care, or camp or school program

Q. Is there a limit or cap on the expenses I can claim?

- **NO.** You can claim the full amount of costs you pay.

*For example: A mother with two children who earns \$1800/month before taxes and pays \$600 for rent (heat not included) will get **\$254** in SNAP. If she pays \$300/month in child care and related travel, her SNAP will go up to **\$344/month**.*

Q. How do I claim child care expenses?

- You can **self-attest to your child care expenses**. You can write it on your application or recertification form, or give your DTA worker a signed statement. DTA should ask for proofs *only if* the information you provide is questionable. A sample form is found on the back of this sheet.

Sworn Statement of Child Care Costs for Food Stamp/SNAP Eligibility

Your Name: _____ Your Agency ID: _____

Address where you live: _____

Children needing child care

1. _____ Age _____ 2. _____ Age _____
Name Name

3. _____ Age _____ 4. _____ Age _____
Name Name

(List additional children in care on another paper.)

My child care costs: (This includes direct care, co-pays, camps, other payments for care) *(Please mark one)*

I pay \$ _____/day OR \$ _____/week

My transportation costs: (This includes travel to and from the child care, camp, or school programs)

1. By car *(DTA currently allows the federal mileage rate** if you use your car)*

I drive _____ miles round trip, for _____ days per week

2. By public transportation *(Please mark one)*

I pay \$ _____/day OR \$ _____/week

► Your signature:

I swear that the above information about my monthly child care costs is true to the best of my knowledge and belief:

Signature: _____ Date: _____

► You can **self-attest to** child care expenses on your food stamp/SNAP application or recertification form (which is signed under penalty of perjury), or you can use this form to attest to shelter costs. You have a right to claim these costs if you need child care to go to work, a training program or look for work. You do not need to provide a statement from your child care provider unless the information you provide is questionable.

You can also claim the cost of care needed for a **disabled adult** while you work, look for work or go to school. This includes adult day care services and transportation costs, or paying someone to provide care in your home for a disabled adult household member.

** The Federal mileage rate as of February 2014 is 56 cents per mile.